

Sofa Talk

Let's start the conversation about "YOUR" health

September 9, 2017

11:00 am-2:00 pm

A personal connection

Taking inventory of women's health

Life changing experiences

History of food through tasty demonstrations



To be apart of this unique experience



Cherise Bailey

Please call to register
SPACE IS LIMITED:
Bradford County Extension Office
904-966-6224
cost: \$10.00
Registration Deadline
September 7, 2017
Hosted by



Samara Deary

Preventive Health Specialist

Family & Consumer Science
Extension Agent