

# UF/IFAS EXTENSION & BRADFORD COUNTY

## WORKING TOGETHER

April, May, June 2014

The Bradford County Board of Commissioners and UF/IFAS Extension work in a cooperative effort to provide relevant programming to citizens throughout the County. During the second quarter of 2014, Extension Agents and Staff recorded **5,097 contacts** with clientele that included emails, phone

calls, office visits and field calls. Agents conducted **106 on-site visits** (Agriculture, Horticulture, Schools, Livestock, and Forages) to assist residents one-on-one in Bradford County. Below are a few examples of impacts reported by our Agents during this quarter.

### Outcomes/Impacts



- Three-hundred and eight-seven (387) citizens participated in a Strawberry Cultivar Taste Test at the **Starke Strawberry Festival**. The Bradford County Extension Strawberry Taste Test booth was staffed by the entire office staff along with Master Gardener volunteers and 4-H youth, giving them the opportunity to promote agriculture and offer insight to what services are offered (free) through the County Extension Office.
- As a result of the **4-H Classroom Embryology** program led by our 4-H Agent, 47 Bradford County youth demonstrated increased competencies in science and life skills such as cooperation, empathy and planning/organizing.
- Our Ag Agent, staff assistant and a Master Gardener volunteer taught at eight segmented series on **Florida-Friendly Landscapes™ (FFL)** offered at the Bradford Senior Center and the Bradford Public Library.
- As a result of **Food Preservation Workshops** led by our Family and Consumer Science Agent, 34 participants are able to identify the steps needed in canning to prevent Clostridium Botulinum (the bacterium that causes foodborne botulism) and can successfully preserve food utilizing USDA methods.
- As a result of attending a regional **Equine Field Day** co-led by our Livestock Agent, 83% of participants indicated they increased their knowledge of live animal evaluation and 100% indicated they planned to change their management based on information they received.
- As a result of attending a **"Healthy Heart, Healthy Start"** workshop led by our Family and Consumer Science Agent, 100% (8) of participants increased their knowledge of MyPlate. They also learned ways to increase their consumption of fruit and vegetables, prepare meals with reduced sodium, fat and sugar and identify proper proportion size. These lifestyle changes can be useful in reducing chronic diseases such as high blood pressure, obesity and heart disease.
- Our Ag Agent, along with a visiting University of Florida Post-doc, Dr. Teresia Nyoike, monitored strawberry and other berry crops in Bradford County for the new, threatening insect pest **Spotted Wing Drosophila**. Farmers were notified when it was detected on their farm and corresponding management recommendations were provided.
- As a result of the **4-H Teen Camp Counselor Training** led by our 4-H Agent, 32 youth developed life skill competencies including teamwork, empathy for others, critical thinking, self-responsibility, and service learning. These youth used this training to prepare to serve as counselors at 4-H Camp Cherry Lake for a week in July.